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Developed for teens with their unique concerns and perspectives in mind, *Teen Health & Wellness* offers comprehensive articles about issues essential to teen health and well being; content reviewed by leading professionals in medicine, mental health, nutrition, guidance, and career counseling; regularly updated homepage features connecting medical news and social issues to database articles; automatically generated citations, plus the ability to print and email articles; resource sections with Web sites, organizations, and recommended reading; interactive polls and quizzes; authentic, first-person teen narratives; National 24-hour hotlines for teens in crisis.

You can log on from the library or your home by visiting the library database resource page.